Coconut Spa
at Reethi Beach Resort

Overview and Price List

This price list is posted on our website as a guide only. Our prices are subject to change without prior notice and subject to additional 5% service charge and 12% TGST.)
Stretched on the edge of azure waters and spread among lush gardens
Your idyllic journey of well being
Oblige in luxury relaxation at Coconut Spa

Harmony, Energy, Serenity, Sensation
Discover a fusion of culture, with French Management and Balinese
sumptuousness...

Well established in Maldives since 2002, Coconut Spa offers you the ultimate
experience with a great selection of massages, treatments and Spa packages.

www.coconutspa.com
HISTORY

Opening their first spa on December 2002 in an environment that delights all senses and matches with their philosophy, Coconut Spa soon became a major actor of the spa industry in Maldives. Today, Coconut Spa runs 6 spas in the Archipelago in 4 to 5 stars luxury hotels reflecting the spirit and exotic traditions of Asian hospitality and beauty knowledge.

PHILOSOPHY

Using the best combination of Asian skills and knowledge with western standards of quality, Coconut Spa delivers a unique and tailor-made spa experience that ravishes the senses while being kept up to date with the latest beauty therapies.
THE COCONUT SPA SENSES’ EXPERIENCE

Menus and therapies are regularly renewed to follow the evolution of the market. At Coconut Spa we combine the French ‘Savoir faire’ with Balinese skills. With a wide range of treatments to choose from, our spa teams is pleased to advise and guide customers through our menu offers.

Body Massages
Body treatments
Hair treatment
Hands and feet
Facials
Spa Packages
Massages from another world

OUR SIGNATURE PRODUCTS

Using only natural plant essences and extracts, the Coconut Spa range of products has been specially designed to take care of all types of complexion and to stimulate safely the senses. Furthermore our Coconut Spa signature products are freshly daily made from natural and high quality local ingredients. All our products are exclusively sold in our spa boutiques in Maldives so ones shouldn’t forget to get their favourite products when they still can!
Massages

Discovery Massage 30 minutes – US$ 70
For an immediate stress and tension release effect, this massage concentrates on the back and the legs, easing muscle aches, stretching joints, improving flexibility where most of the body tension is accumulated.

Balinese Traditional Massage 50 minutes – US$ 100
The Asian Traditional massage is a full body massage using palm pressure and long gentle strokes while applying a unique blend of natural essential oils. This combination stimulates your blood circulation, improves energy flow and drains tensions away.

Head, Back and Shoulders Massage 50 minutes – US$ 100
Starting from the back to stimulate the blood circulation this massage continues with the neck and shoulders to relieve muscular pain and drain tensions away. It is then concentrated on the head to effectively ease out accumulated stress and to enhance relaxation.

Back and Stones Massage 50 minutes – US$ 100
Starting with a shiatsu and traditional massage to warm the body, the stones are then applied on your back in such a way as to relieve your muscles from pain and tension. Back and stones massage is especially adapted for back problems, achieving a feeling of well being and perfect relaxation.

Warm Stones Massage 50 minutes – US$ 100
A full body massage starting with a traditional massage and lomi-lomi and then continues with the warm stones. Smooth and warm stones glide across your body in long, flowing strokes. The heat helps to relax the muscle and has a shooting effect on your emotions. Stones are positioned on the various energy body points to develop the healing potential.

Shiatsu 50 minutes – US$ 100
The Shiatsu Massage is a digito-puncture technique using pressure point massage without oil to release tight nodules and produce a deep relaxed feeling. This massage is a real revival for the body and mind increasing energy level intensified by a few stretching movements.
Massages

**Swedish Massage**  
50 minutes – US$ 100  
Using warm oil, heated up in a bottle and poured all over your body, the Swedish massage is designed to harmonize the corporal functions, such as blood circulation, breathing and mind relaxation. Soft and long strokes envelop all the body from feet to head creating an overall relaxation of the body and soothing effect.

**Four Hands Massage**  
50 minutes – US$ 160  
The ultimate sensation with this massage provided by two therapists working together in perfect harmony that creates overall well being. The perfect synchronization will balance the pressure of the whole body improving circulation. The four hand massage is a combination of shiatsu, traditional massage and lomi-lomi leaving your entire body re-energized and intensely relaxed.

**Coconut Spa Signature**  
1h30 – US$ 160  
This massage exclusively created by Coconut Spa is our Signature. A relaxing combination of 4 massages, starting with long strokes and deep skin massage for 30 minutes is then followed by 10 minutes shiatsu and 20 minutes warm stone massage on your back, shoulders, neck and arms to release the tension of your stressed muscles. It ends with a 30 minutes reflexology to relax and give you a feeling of overall comfort. Discover this deeply relaxing path to health and harmony.

**Feet Reflexology**  
30 minutes – US$ 70  
50 minutes – US$ 100  
An ancient healing therapy as blissful as it is beneficial; a foot massage on the reflex point can restore the natural flow of body energy and improve your health. Recover physical and mental harmony with this wonderful treatment that will send waves of deep relaxation through your entire body.

**Hands Reflexology**  
30 minutes – US$ 70  
50 minutes – US$ 100  
Hands reflexology brings your body’s energy flow back into balance. By removing energy blockages in all areas of your body, you increase circulation, reduce tensions and detoxify. Energy flows freely again into your entire body, you feel this incredible sensation of a perfect harmony within yourself.
Massages from Another World

**INDIA**

**Warm Oil Massage**

<table>
<thead>
<tr>
<th>Duration</th>
<th>Price</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>50 minutes</td>
<td>US$ 100</td>
<td>The warm oil massage is inspired from the Indian traditional massage called Ayurveda. It is a technique employed to stimulate and balance the Dosha (the spiritual part of the body). This mental and body relaxation treatment is provided with a special blend of essential oils, with healing properties, warmed just before its application on the body. It helps to improve sleep, eliminate toxins and brings relaxation and comfort.</td>
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**Shirodhara**

<table>
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<tr>
<th>Duration</th>
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<tbody>
<tr>
<td>50 minutes</td>
<td>US$ 100</td>
<td>In Sanskrit, &quot;Shir&quot; means head and &quot;Dhara&quot; means flux. Shirodhara is the slow pouring out of a constant flow of warm sesame oil on one very precise point of the forehead. Shirodhara relieves tensions, improve the perception of the senses and attenuates anxiety, anguish, stress, concentration difficulties and insomnia.</td>
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**Shirodhara with Hair Treatment**

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<tbody>
<tr>
<td>1h30</td>
<td>US$ 160</td>
<td>To complete your treatment and enhance the benefit of your complete relaxation, an additional head massage with shampoo and hair conditioner will leave your hair lustrous and soft.</td>
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**Indian Traditions Package**

<table>
<thead>
<tr>
<th>Duration</th>
<th>Price</th>
<th>Description</th>
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</table>
| 1h40 | US$ 180 | Warm oil Massage  
Shirodhara |
| 2h20 | US$ 230 | Warm oil Massage  
Shirodhara with hair treatment |
Body Treatment

Body scrub

**Harmony Body Scrub**
50 minutes – US$ 100
Using local harvested coconut with cinnamon, the body is gently exfoliated leaving your skin moisturized and renewed.

**Serenity Body Scrub**
50 minutes – US$ 100
A mixture of Lavender and Ylang-ylang, specially blended to refresh and leave your skin smooth and soft. Lavender is a plant known for its calming effect and is recommended for sensitive skins.

**Sensation Body Scrub**
50 minutes – US$ 100
Made from finely grated Vanilla mixed with Ginger to rejuvenate your skin and give you a sensation of freshness and wellbeing.

**Energy Body Scrub**
50 minutes – US$ 100
A traditional Indonesian royal court beauty ritual made of citrus and tangerine. This deliciously aromatic scrub will improve your skin as it gently exfoliates.

**Chocolate Body Scrub**
50 minutes – US$ 100
Give yourself a special treat without a calorie. Our natural chocolate body scrub combining cocoa, rice and almond powder will in an instant develop all your senses while stimulating, refining, smoothing and moisturizing your skin.

*All our scrubs are followed by a soft and relaxing application of body lotion*

Body Wrap

**Papaya Body Wrap**
50 minutes – US$ 100
Have your body gently rubbed and then wrapped with a mixture of fresh blended papaya and our signature French red clay. After a long day in the sun, with this perfect combination of natural products, the “Papaya Body Polish” is sure to leave the skin of your body and face glowingly fresh and rejuvenated.
Body Treatment

Sun Lovers

Sun Lover 50 minutes – US$ 100
After your day spent in the sun, come and enjoy our Special Sun Lover to calm, soothe and re-hydrate your skin.
Sun Lover treatment is specially designed to fight against sun burn and the ageing of the skin.

This treatment includes

✓ Lavender Body Wash for gentle cleansing
✓ Cucumber and Honey Body Conditioner, for cooling and soothing
✓ Aloe Vera Body Lotion, to ease sunburn, prevent skin peeling and to lock in the moisture

Anti-cellulite

Cellulite Treatment – 1h30 – choice of 1 – 3 or 5 treatments

1 Treatment  US$ 160
3 Treatments  US$ 440
5 Treatments  US$ 700

This efficient treatment will help you to reduce the cellulite by an activation of the blood circulation, using a special range of products adapted to your requirements. We start with dynamic and powerful frictions with a body scrub made from almond powder and pure essential oils to release the toxins, followed by a mud mask made from crushed volcanic stones, clay, sea weed and essentials oils brushed onto your all body to purify the skin. The treatment is finally completed by a vigorous massage to cover your body with a unique blend of pure essential oils of basil, fennel and lemon, well known for their interaction against cellulite.

For a better result we recommend our 5 treatments package, taken one per day.
Facials

Refresher Facial  
30 minutes – US$ 70
A great introduction to facial treatment using for principal ingredients: pure honey mask and cucumber, leaving your skin feeling smooth and radiant. Enjoy the benefits of these natural ingredients with an age-old reputation for skin healing, softening, and moisturizing.

Natural Asian Facial  
50 minutes – US$ 100
Using only Bio natural products, the face is cleansed and gently exfoliated to eliminate all the dead cells on the surface of the skin. While purifying with a gel mask, relax and unwind with a hand and feet massage. This treatment will effectively restore and hydrate your skin, leaving your face fresh, youthful and restored.

Coconut Spa Facial Signature  
1h30 – US$ 160
A pure bliss to your skin, with our Coconut Spa Facial Signature using only products adapted to your skin type. Indulge, relax and refresh; our professional therapist will do the rest; Deep cleansing, Exfoliation, steam and ozone, vacuum, pore extraction, high frequency to kill the germs and prevent redness, serum cell activator, mask powder, all completed by our eye shield treatment and our exclusive facial massage combined with acupressure. Moisturizer and head massage will end your treatment.

For a long lasting result of our facials, we recommend you to use the products applied by our therapist during your treatment. All ranges are available in our spas’ boutiques.
Hair Treatment

Mask, Treatment and Massage 50 minutes – US$ 100
A natural traditional mask is massaged onto your scalp to nourish and revitalize your hair. During the treatment a head and shoulder massage is given so that your blood circulation is stimulated and brings relaxation. To maximize the benefits of the mask, the hair is not blown dry leaving it shiny and soft to the touch.

Our choice of Natural Mask:

- Avocado: Nourishing, for broken fragile or dry hair
- Aloe Vera: To bring back shine and softness, for dry and damaged hair
- Virgin Coconut oil: Revitalizing & hydration for silky, shiny, strong and manageable hair

Hands & Feet Treatments

Spa Manicure 50 minutes – US$ 70
Give your hands and nails a well deserved care with our Hands Beauty treatment. Starting with the basics nail cut, file and cuticle repair, your hands are then gently exfoliated for a silky feeling. A nourishing cream is applied with a gentle massage to restore the moisture and improve the texture of your skin. Your hands feel hydrated, smooth and soft with a great youthful look.

Spa Pedicure 50 minutes – US$ 70
Cool, energize and revive your feet with our Feet Beauty Treatment. Comprising of the classical pedicure treatment with nail cut, file, cuticle repair and soothing foot soak of essential oils; it is then followed by a peppermint scrub that will relieve your tired or swollen feet. Finally, to stimulate blood circulation a foot massage is applied with a refreshing lotion. Your feet are hydrated, fresh and soothed.

*For an extra charge, your may complete your manicure treatment with Nail Polish / French nail polish or Nail art*

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
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<tbody>
<tr>
<td>Nail Polish</td>
<td>US$ 20</td>
</tr>
<tr>
<td>French Nail Polish</td>
<td>US$ 20</td>
</tr>
<tr>
<td>Nail Art (from per nail)</td>
<td>US$ 3</td>
</tr>
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Spa Packages

**Sensation Package**  
Choice of Body Scrub  
Swedish Massage  
1h40 – US$ 180

**Energy Package**  
Balinese Traditional Massage  
Reflexology 50 mn  
1h40 – US$ 180

**Serenity Package**  
Coconut Spa Signature  
Natural Asian Facial  
2h20 – US$ 230

**Harmony Package with 2 Therapists**  
Four Hands Massage  
Natural Asian Facial & Reflexology 30 mn  
1h40 – US$ 290

**Satin Skin Package**  
Choice of Body Scrub  
Balinese Traditional Massage  
Natural Asian Facial  
2h30 – US$ 270

**2 Days Package**  
US$ 240  
Day 1 – Balinese Traditional Massage  
Day 2 – Natural Asian Facial & Reflexology 30 mn

**3 Days Package**  
US$ 480  
Day 1 – Choice of Body Scrub & Swedish Massage  
Day 2 – The Coconut Spa Signature  
Day 3 – Natural Asian Facial & Reflexology 30 mn

**5 Days Package**  
US$ 650  
Day 1 – Choice of Body Scrub & Natural Asian Facial  
Day 2 – Swedish Massage  
Day 3 – Balinese Traditional Massage & Reflexology 30mn  
Day 4 – Head, Back and Shoulder Massage  
Day 5 – Four Hands Massage
## Romantic Packages

### Adam & Eve Package
1h30 – US$ 290 / Couple
Pamper yourself and your beloved one this holiday with the Adam and Eve’s Package.....
A step towards paradise.....
Indulge in various treatments
✓ Aromatherapy Foot Bath
✓ Discovery Massage
✓ Refresher Facial
✓ Aromatherapy Flower Bath

### Bliss Package
2h10 – US$ 390 / Couple
Foot Ritual (10mn)
Balinese Traditional Massage (50mn)
Natural Asian Facial (50mn)
Aromatherapy Bubble Bath (20mn)

### Plenitude Package
2h30 – US$ 450 / Couple
Foot Ritual (10mn)
Coconut Spa signature (90mn)
Refresher Facial (30mn)
Aromatherapy Bubble Bath (20mn)

### Paradise Package
2h30 – US$ 450 / Couple
Foot Ritual (10mn)
Balinese Traditional Massage (90mn)
Reflexology (30mn)
Aromatherapy Bubble bath (20mn)

### Delight Package
3h – US$ 570 / Couple
Foot Ritual (10mn)
Choice of body scrub (50mn)
Balinese Traditional Massage (50mn)
Natural Asian Facial (50mn)
Aromatherapy Bubble Bath (20mn)

### Chocolate Package
1h30 – US$ 160 / Single
1h30 – US$ 290 / Couple
Smell...........
Feel.......... 
Appreciate.........
Discover the Pleasure ......
The Unique Sensation of.......
Chocolate.....
Your skin is soft, smooth and re-hydrated,
Sense the difference after our chocolate treatment comprising of:
✓ Chocolate Body Scrub
✓ Discovery Chocolate Massage
✓ Aromatherapy Chocolate Bath